

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 1 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
ALASKA							
<b>Fireweed Sangha of Mindful Living</b>	Anchorage	AK	99508	Leon Webber	ltw@alaska.net		907.360.3111
ALABAMA							
<b>The Firefly Sangha</b>	Birmingham	AL		Sharron Mendel	sharron_mendel@mindspring.com		(205) 401-7541
ARKANSAS							
<b>Little Rock Ecumenical Buddhist Society</b>	Little Rock	AR	72201	Tom Neale			(501) 664-6052
ARIZONA							
<b>Desert Song Sangha</b>	Chino Valley	AZ					928-442-6576
<b>Sacred Mountain Sangha</b>	Flagstaff	AZ	86004	Niki and Greg Dalder	nssachs@msn.com		
<b>Desert Cactus Sangha</b>	Phoenix	AZ	85018	Marcie Colpas	mcolpas@yahoo.com		
<b>Peace House</b>	Phoenix	AZ	85042	Rev. Marvin Brown	marvin@mindfulnesspractice.com	<a href="http://www.mindfulnesspractice.com">http://www.mindfulnesspractice.com</a>	
<b>Blooming Desert Lotus Sangha</b>	Sun City	AZ	85351	Kathleen Lawrence	ahbaha@cox.net	<a href="http://bloomingdesertlotus.org">bloomingdesertlotus.org</a>	623-977-1612
<b>Singing Bird Sangha</b>	Tucson	AZ		Julia Graf	jbgraf@msn.com	<a href="http://groups.yahoo.com/group/Singing_Bird_Sangha">http://groups.yahoo.com/group/Singing_Bird_Sangha</a>	520-318-0989
CALIFORNIA							
<b>Ancient Forest Sangha</b>	Arcata	CA	95521	Beth Schatzman	besrd@aol.com		
<b>Buckeye Sangha</b>	Berkeley	CA		Glen Schneider	glennyfrank@yahoo.com		510-644-1518
<b>New Generation Sangha</b>	Berkeley	CA		August	ngsangha@gmail.com	<a href="http://communityze.ro.com/ngs">http://communityze.ro.com/ngs</a>	415-821-4877

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 2 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Family Sangha</b>	Bonny Doon	CA	95060	Nicola Amadora			831-426-6599
<b>Slowly Ripening Sangha</b>	Chico	CA	95926	Bob Speer	bopob@comcast.net	<a href="http://www.skycreekdharmacenter.org">http://www.skycreekdharmacenter.org</a>	530-592-9945
<b>Organic Garden Sangha</b>	Culver City (West Los Angeles area)	CA	90232	Susan Silver (email) & Dollie Meyers (phone)	organicgardensangha@gmail.com		310-306-4789
<b>Compassionate Heart Sangha</b>	Encinitas	CA		Jan McClure	mc006@pacbell.net		(760) 613-2873
<b>SpiritPoint Sangha</b>	Escondido	CA	92026		spiritpoint@sbcglobal.net		
<b>Deer Park Monastery</b>	Escondido	CA	92026		deerpark@plumvillage.org	<a href="http://www.deerparkmonastery.org">http://www.deerparkmonastery.org</a>	(760) 291-1003
<b>Orange Blossom Sangha</b>	Escondido	CA		Peter and Rhoda Reilly			
<b>Global Heart Sangha</b>	Fairfax	CA	94930	Laurel Houghton or carolyn deFay	mindfullyoga@earthlink.net or cdefay@pacbell.net		415 454 0391 or 415 454 5179
<b>Diving Deeper Sangha</b>	Fort Bragg	CA	95437	Randy Bancroft			
<b>Palm Tree Sangha (Xom Dua)</b>	Fountain Valley	CA	92708		qhaduong@yahoo.com	Palm Tree sangha (Tang than Xom Dua) now has 6 meetings per month, all in Vietnamese - but there will have translation if someone (English speaking) would like to join us. Meetings: - Every Wednesday, from 4- 6pm at Tan	(714) 975-6864

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 3 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
						Phan's house (Huntington Beach)- - Every 2nd Sunday of the month - from 9am to 3pm - Every 4th Saturday of the month - from 9am to 3pm....These two meetings will be in different Sangha member's houses	
<b>Sangha in the Woods</b>	Garberville	CA	95542	Diane Richardson	drich53@hotmail.com		707-923-3449
<b>Hayward Fourfold Community Sangha - Hayward Buddhist</b>	Hayward	CA	94545	Venerable Thich Tu-Luc or Vern Davison	thichtuluc@yahoo.com	www.compassionte mple.org	510-481-1577
<b>Rainbow Falls Sangha</b>	Irvine	CA	92603	Megan Doherty or Alex Slonick	mmdoherty-legends@att.net	29 Rainbow Falls Second Thursday of each month - from 7 pm to 8:30	949.856.1606
<b>Laguna Woods Sangha</b>	Laguna Hill	CA		Adrienne Samson	adimail@yahoo.com		
<b>Hummingbird Sangha</b>	Lake Forest	CA	92630	Anissa Housley	anissahousley@yahoo.com	http://groups.yahoo .com/group/hummi ngbirdsangha/	949-273-6079
<b>Sacred Sands Sangha</b>	Lancaster	CA		Dianna Rimer	voicesinthesky@antelecom.net		(661) 256-7115
<b>Ocean Wave Sangha</b>	Long Beach	CA	90814	Susan Glogovac	Ocean_Wave_Sangha@yahoo.com	http://groups.yahoo .com/group/Ocean_ Wave_Sangha	

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 4 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Compassionate Heart Sangha</b>	Los Angeles	CA			lachsangha@yahoo.com	<a href="http://groups.yahoo.com/group/lachsangha">http://groups.yahoo.com/group/lachsangha</a>	
<b>Korean Sangha</b>	Los Angeles	CA		Changok Kim	samyagvac@hanmail.net		
<b>Malibu Sangha</b>	Malibu Canyon	CA		Peter Kollock	malibu@esangha.org	<a href="http://www.esangha.org">http://www.esangha.org</a>	
<b>Bolinas-Stinson Sangha</b>	Marin County	CA		Carolyn DeFay	cdefay@pacbell.net		415-454-5179
<b>Windsong Sangha</b>	Merced	CA		Jule Marini Biesiada	juleb13@sbcglobal.net		209-384-2835
<b>Modesto Lotus Blossom Sangha</b>	Modesto	CA			donvance@sonic.net		
<b>Blooming Lotus Sangha</b>	Napa	CA		Christiane Tsouo Harvey	criss@crissart.net		
<b>Mindfulness Diversity and Social Change Sangha</b>	Oakland	CA		Victoria Mausisa or Asa Brown			510-316-8543 or 510-451-1892
<b>Open Door Sangha (Monday nights)</b>	Oakland	CA	94602	J. Caleb Cushing	calebcushing@sbcglobal.net		(510) 530-9340
<b>Pot Luck Sangha (Sunday mornings)</b>	Oakland	CA	94602	J. Caleb Cushing	calebcushing@sbcglobal.net		(510) 530-9340
<b>Pink Moment Sangha</b>	Ojai	CA	93023		pinkmomentsangha-owner@yahoogroups.com	<a href="http://groups.yahoo.com/group/pinkmomentsangha/">http://groups.yahoo.com/group/pinkmomentsangha/</a>	
<b>Ojai Sangha @ Being Peace Zendo</b>	Ojai	CA	93023	Kenley Neufeld	info@ojaimindfulness.org	<a href="http://www.ojaimindfulness.org">http://www.ojaimindfulness.org</a>	805-646-4832
<b>Palo Alto Friends Mindfulness Sanghas</b>	Palo Alto	CA		Susan Murphy	somurphy@earthlink.net		650-969-3452
<b>Flowering Tree Sangha</b>	Palo Alto	CA		Renée Burgard	reeneburgard@floweringtreesangha.org	<a href="http://www.floweringtreesangha.org">www.floweringtreesangha.org</a> 1st and 3rd Fridays, 6–8 pm, 541 Cowper Street, Suite C, Palo Alto	650-269-4807

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 5 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
						(usually); please contact: to confirm location; 2nd and 4th Fridays from 6:30 to 7:30 at a sangha member's home.	
<b>Flowing Water Sangha</b>	Portola Valley	CA	94028	Birgitte Moyer-Vinding and David Ostwald	bpmoyer@earthlink.net or dostwald@att.net	Sunday mornings from 9:30 to 11:45 a.m.	650-854-4157 or 650-854-4596
<b>River Oak Sangha</b>	Redding	CA	96001	Terry Helbick-White	gregandterry@sbcglobal.net		530-243-2439
<b>No Mud No Lotus Sangha</b>	Redlands	CA	92374	Lynn Flewelling	otterdance2@roadrunner.com	Meets Thursdays at 7pm	
<b>Riverside Smiling Sangha</b>	Riverside	CA	92506	Kitty Huang	Krhuang@aol.com	Meets Mondays at 7pm	
<b>Sacramento Buddhist Meditation Group</b>	Sacramento	CA	95831	Terry Wenner or Helen Hobart	terrywenner@comcast.net. or hdhobart@aol.com	<a href="http://www.sbmgroup.org">http://www.sbmgroup.org</a>	
<b>San Diego Practitioners of Color</b>	San Diego	CA		Jon Salunga	colorsofcompassion@yahoo.com		760-484-0833
<b>World Beat Sangha</b>	San Diego	CA		Laura Hunter	earthlover@sbcglobal.net		760-740-9405
<b>Peaceful Shores Sangha</b>	San Diego (La Jolla Shores)	CA	92037	Carolyn Marsden	carolynmarsden@gmail.com	every Friday at 6:30 pm, University Lutheran Church, 9595 La Jolla Shores Dr, directly off Torrey Pines Rd and across the road from UCSD.	858.232.7107

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 6 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Transformation Collective Sangha (Formerly Open Gate Sangha)</b>	San Francisco	CA	94110	Kim and Michael	kim@kimiglinsky.com	<a href="http://www.meetup.com/transformation/calendar">http://www.meetup.com/transformation/calendar</a>	415 558 8994
<b>Blooming Lotus Sangha</b>	San Francisco	CA		Narayan	kay@kayheatherly.com		415-586-7574
<b>Living Peace Meditation Community</b>	San Francisco	CA		Karen Van Dine		<a href="http://livingpeacemeditation.org">http://livingpeacemeditation.org</a>	415-346-3923
<b>Interfaith Buddhist Retreats</b>	San Francisco and other cities/states	CA		Chi Sing	chising@aol.com	<a href="http://intermindful.com">http://intermindful.com</a>	(214) 929-8889 cell
<b>The Zen Good Works Sangha</b>	San Jose	CA		Jeff Paul and Michael Fallon	jpaul@sjsu.edu michael.fallon@sjsu.edu		408-808-2636 408 924-5440
<b>Gentle Heart Sangha</b>	San Mateo	CA	94401	Lance Miller	lanmill@earthlink.net	<a href="http://groups.yahoo.com/group/meditationgroupuubf">http://groups.yahoo.com/group/meditationgroupuubf</a>	(650) 340-9698
<b>Meditation in the Library</b>	Santa Barbara	CA		Kenley Neufeld	neufeld@sbcc.edu	<a href="http://library.sbcc.edu">http://library.sbcc.edu</a>	805-965-0581 x2635
<b>Santa Barbara Sangha</b>	Santa Barbara	CA		Chris Dawkins	breathe_you_are_alive@yahoo.com	<a href="http://www.wabisangha.org">http://www.wabisangha.org</a>	805-452-8485
<b>Heart Sangha</b>	Santa Cruz	CA	95063-2192	Jim Scott-Behrends	jsbehrends@aol.com	every Monday at 7pm	831-728-9831
<b>Fragrant Rose Sangha</b>	Santa Rosa	CA		Natascha Bruckner	natascha@mindspring.com		707- 542-5401
<b>Green Gulch Farm</b>	Sausalito	CA	94965	Wendy Johnson			(415) 383-3134
<b>Topanga Meditation Sangha</b>	Topanga Canyon	CA	90290	Sherry Modell	Zabi123@aol.com	We meet the 2nd and 4th Sunday of the month from 4-6 pm.	310-993-3739
<b>Truckee Sangha</b>	Truckee	CA		Cathy Nason	cathynason@sbcglobal.net		530-587-0948

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 7 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Ukiah Sangha</b>	Ukiah	CA	95482	Jo-ann Rosen	bbdog@pacific.net		
<b>Light Heart Sangha</b>	Vacaville	CA	95687	John Salerno-White	lotusforyou@comcast.net		
<b>Friendship Sangha of the Heart</b>	Ventura	CA	93003	Neal Ortenberg	nealstuart@adelphia.net	www.uuventura.org	805-368-9835
<b>Strawberry Blossom Sangha</b>	Ventura County	CA		Carmen Kuchera	carmlight@aol.com		
<b>Visalia</b>	Visalia	CA			peacebuddha@aol.com		
<b>Peaceful Heart Sangha</b>	Walnut Creek	CA	94598	Chau and Jim Yoder	chayoder@high-spirits.com		925-930-9894
<b>Infinite Smile Sangha</b>	Walnut Creek	CA	94598	Michael McAlister	michael@infinitesmile.org	www.infinitesmile.org	(925) 871-1622 (925) 871-1622
<b>COLORADO</b>							
<b>Spacious Heart Sangha</b>	Boulder	CO			contact@ccml.info	http://www.ccml.info/index.php?sangha#spacious	(303) 545-2266
<b>Mountain Stream Sangha</b>	Boulder	CO		Bruce Campbell	bcambelljr@gmail.com	http://groups.yahoo.com/group/mountainstream	720-244-7891
<b>Sun Mountain Sangha</b>	Colorado Springs	CO	80903	Contact: Ellen Johnson-Fay or Tom Faudree:	ellenjf@q.com; tomfaudree@q.com ,	Sundays at 7 pm The Trestle Building, Marmalade at Smokebrush, 219 West Colorado Avenue, Suite 210, Colorado Springs, CO 80903	719.473-7059 or 719.271.2595
<b>Eyes of Compassion Sangha</b>	Denver	CO	80210	Matt Sherman	Sherman.m@comcast.net	http://www.ccml.info	303-885-3091
<b>Peaceful Heart Sangha</b>	Fort Collins	CO	80523	Viviane	peacefulhearts@gmail.com	http://www.ccml.info	970-222-5590

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 8 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
				Ephraimson-Abt		fo	
<b>Touching Peace Sangha</b>	Gunnison	CO	81230	Belinda Angela Beal	belindaangelabeal@gmail.com		960-596-2696
<b>Lotus Blossom Sangha</b>	Longmont	CO	80501	Janelle Combelic or Cliff Cusin	janelle.combelic@gmail.com or cliff@praiemountain.org		303-772-0301
<b>CONNECTICUT</b>							
<b>Po Jama Sangha</b>	Manchester	CT	06040	Tom Duva	tomduva1@yahoo.com		(860) 729-2342
<b>Great Blue Sangha</b>	Niantic	CT	06357	Ruth Higgins	rthhiggins@gmail.com		860-608-0085
<b>Community of Mindfulness New London and Bellflower</b>	Norwich	CT	06360	George Chaput	george.chaput@snet.net		(860) 889-0131
<b>Harmony Sangha</b>	Shelton	CT	06484	Bruce Nichols	bruce@peacepilgrim.org	<a href="http://www.harmonysangha.org">http://www.harmonysangha.org</a>	203-929-9739
<b>Earth Holder Sangha</b>	Southbury	CT	06488	Judith Stevens	judithstevens@charter.net		(203) 264-7807
<b>Greater Hartford Sangha</b>	West Hartford	CT	06107	Bill Williams	billwaw@comcast.net		(860) 561-3563
<b>Fairfield County Sangha</b>	Westport	CT	06880	Nanette Greene	nangreene@sbcglobal.net		(203) 615-3894
<b>Willimantic Sangha</b>	Willimantic	CT		Jean Jakoboski	jjakoboski@hotmail.com		860-423-3859
<b>DISTRICT OF COLUMBIA</b>							
<b>Washington Mindfulness Community</b>	Washington	DC		Susan Hadler and Mary Hillebrand	info@mindfulnessdc.org	<a href="http://www.mindfulnessdc.org">http://www.mindfulnessdc.org</a>	
<b>FLORIDA</b>							
<b>Living Joy Mindfulness Sangha</b>	Boca Raton	FL	33431	Sid Kemp		Weekly meditation begins at 7:30pm Monday, Eastern time, please arrive	

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 9 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
						early. The Monday Night Mindfulness Meditation is also available by telephone, call in to our conference line to join the meditation at 712-432-0600, Call ID 452300#, at 7:30pm Eastern time (4:30pm Pacific). Address: 2201 NE 4th Ave Boca Raton, FL 33431 <a href="http://www.LivingJoy.net">www.LivingJoy.net</a>	
<b>Azalea Sangha</b>	Gainesville	FL	32605	Marty Clark	<a href="mailto:RMKC@cox.net">RMKC@cox.net</a>		(352) 215-3962
<b>The Live Oak Sangha</b>	Gainesville	FL	32606	Mark Burlingame	<a href="mailto:mbburl@yahoo.com">mbburl@yahoo.com</a>		(352) 377-7079
<b>Indian River Mindfulness Group</b>	Grant	FL	32949	Kathy Doner			(407) 725-3691
<b>Key West Mindfulness Sangha</b>	Key West	FL	33040	Roberta Marks	<a href="mailto:roberta@robertamarks.com">roberta@robertamarks.com</a>		(305) 296-4427
<b>Marco Island Community of Mindfulness</b>	Marco Island	FL	34145	Martina McNaboe	<a href="mailto:mmcnaboe@gmail.com">mmcnaboe@gmail.com</a>	<a href="http://www.meetup.com/Meditation-on-Marco">http://www.meetup.com/Meditation-on-Marco</a>	
<b>A Grain of Sand Sangha</b>	Miami	FL	33133	Rosaria Pugliese	<a href="mailto:rosaria7@msn.com">rosaria7@msn.com</a>		<a href="tel:305-720-6622">305-720-6622</a>
<b>Blue Ocean Sangha</b>	Miami Beach	FL	33139	Antonio Brunner	<a href="mailto:info@blueoceansangha.org">info@blueoceansangha.org</a>	<a href="http://www.blueoceansangha.org/">http://www.blueoceansangha.org/</a>	305-215-8110

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 10 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Miami Beach Sangha</b>	Miami Beach	FL	33140	David or Jill	taromuse@gmail.com miami beachesangha@gmail.com dmcb@mcburnett.com	<a href="http://www.miamibeachsangha.org">http://www.miamibeachsangha.org</a>	(305) 733-6234
<b>Naples Community of Mindfulness</b>	Naples	FL	34108	Fred Eppsteiner	naples-updates@floridamindfulness.org	<a href="http://www.floridamindfulness.org">http://www.floridamindfulness.org</a>	
<b>Fish Lake Sangha</b>	Orlando	FL	32836	Bob Allen	pbroo2727@aol.com	<a href="http://www.fishlakesangha.org">www.fishlakesangha.org</a>	407-257-2244
<b>Broward Lotus Sangha</b>	Pembroke Pines	FL	33024	Dr. Martha Martinez	info@BrowardLotusSangha.org	<a href="http://www.browardlotussangha.org/">http://www.browardlotussangha.org/</a>	(954) 665-4325
<b>Lido Beach Mindfulness Group</b>	Sarasota	FL	34236-2116	Bill Menza	wmenza@capaccess.org		(941) 929-1650
<b>St. Petersburg Community of Mindfulness</b>	St. Petersburg	FL	33705	Fred Eppsteiner	stpete-updates@floridamindfulness.org	<a href="http://www.floridamindfulness.org">http://www.floridamindfulness.org</a>	
<b>Sun City Sangha</b>	Sun City Center	FL		Mary Duncan	maryduncan01@gmail.com		813-260-3322
<b>Tallahassee Community of Mindfulness</b>	Tallahassee	FL	32312-2814	Ralph Dougherty	ralphd@chem.fsu.edu		850) 385-8358
<b>Tampa Community of Mindfulness</b>	Tampa	FL	33606	Fred Eppsteiner		<a href="http://www.floridamindfulness.org">http://www.floridamindfulness.org</a>	
<b>GEORGIA</b>							
<b>Breathing Heart Sangha</b>	Atlanta	GA			Sangharus@yahoo.com	<a href="http://groups.yahoo.com/group/sangharus/">http://groups.yahoo.com/group/sangharus/</a>	
<b>Live Oak Sangha</b>	Savannah	GA		Jeremy Williams	Jeremyow@msn.com		912-604-4262
<b>Heartpine Sangha</b>	Statesboro	GA	30458	Virginia and Steve Black	heartpinesangha@gmail.com		912-764-3205
<b>HAWAII</b>							
<b>Mindfulness</b>	Hilo	HI	96721	Michael			(808) 933-9696

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 11 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Meditation Sangha</b>				Donenfeld			
<b>Honolulu Mindfulness Community</b>	Honolulu	HI	96817	Ernestine Enomoto	enomotoe@hawaii.edu		(808) 521-9012
<b>Wild Ginger Sangha</b>	Kamuela	HI	96743	John Balaam	jbhi@aloha.net		(808) 885-5585
<b>Dharma Friends</b>	Kapaëau, HI	HI	96755	Arnie Kotler and Therese Fitzgerald	DharmaFriends@aol.com		(808) 889-6123
<b>Still Life Sangha</b>	Keaau	HI					(808) 966-5057
<b>IOWA</b>							
<b>Quad City Meditation</b>	Davenport	IA		Leslie Ferm	Les.leslie@gmail.com	<a href="http://meditation.qc.org">http://meditation.qc.org</a>	(563) 505-8798
<b>Des Moines Meditation and Mindfulness Group</b>	Des Moines	IA		Charlie Day	charlesday1@mchsi.com		(515) 255-8398
<b>IDAHO</b>							
<b>Beginner's Mind Sangha</b>	Boise	ID	83705	Bill Woodall	nanaclaus@mac.com	<a href="http://www.beginnersminsangha.org">www.beginnersminsangha.org</a>	208-365-8393
<b>Looking Deeply Mindfulness Group</b>	Idaho Falls	ID	83401-2714	Jeffrey Trunzer	trunzida@yahoo.com		208-542-5131
<b>ILLINOIS</b>							
<b>Mindfulness on the Prairie Sangha</b>	Bloomington	IL		Marion C. Willetts	mcwilletts2001@yahoo.com		309-820-1137
<b>Accidental Buddhist Sangha</b>	Downers Grove	IL		Jack Hatfield	jackhat1@aol.com		(630) 375-0881
<b>Lakeside Buddha Sangha</b>	Evanston	IL	60201	Jack Lawlor			(847) 475-0080
<b>Present Moment Sangha</b>	Naperville	IL		Mary Kullman, Elaine Piedra	spiritmk7@gmail.com; ewaitepiedra@hotmail.com	Monday 7:00-8:45 pm; Washington St., just south of Gartner	(630)978-1048 630-254-3349
<b>INDIANA</b>							

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 12 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Blooming Lotus Sangha</b>	Evansville	IN	47715	Jay and Holly Ziemer	holly@bloominglotussangha.org	<a href="http://www.bloominglotussangha.org">http://www.bloominglotussangha.org</a>	812.774.7910
<b>Mindful Heart Buddha Sangha</b>	Evansville	IN	47708		mindfulheart@gmail.com	<a href="http://mindfulheartbuddhasangha.com">http://mindfulheartbuddhasangha.com</a>	
<b>Indiana Lotus Sangha</b>	Terre Haute	IN	47802	Maxine N. Carter	foxridge@gte.net		(812) 299-2926
<b>KANSAS</b>							
<b>Peace Sangha</b>	Lawrence	KS	66046	Sven Erik Alstrom	alstrom@sbcglobal.net		(785) 749-1018
<b>Mindfulness Practice Group of Kansas</b>	Wichita	KS	67219	Thanh Duong	thanhvandung@hotmail.com	<a href="http://www.MindfulnessKS.org/">http://www.MindfulnessKS.org/</a>	(316) 208-3565
<b>KENTUCKY</b>							
<b>Louisville Community of Mindful Living</b>	Louisville	KY	40206		tonyglory@insightbb.com	<a href="http://www.sanghalou.org">http://www.sanghalou.org</a>	(502) 259-5373
<b>Owensboro CML</b>	Owensboro	KY	42301	William Edmunds		417 E 21St Owensboro Ky	(270)993-7305
<b>LOUISIANA</b>							
<b>Shunyata Sangha/David Waite</b>	Baton Rouge	LA		David Waite			(225) 763-9389
<b>Blue Iris Sangha</b>	New Orleans	LA	70117-8606	Charlie Bishop	chezbish@cox.net	<a href="http://BlueIrisSangha.org">http://BlueIrisSangha.org</a> 7 PM every Monday 5212 South Claiborne Avenue (First Unitarian Universalist Church)	
<b>Mindfulness Community of Greater New Orleans</b>	New Orleans	LA		"Gabe" David Jumonville	mindfulnesscommunity@yahoo.com	<a href="http://groups.yahoo.com/group/mindfulnesscommunity">http://groups.yahoo.com/group/mindfulnesscommunity</a>	985-705-6133

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 13 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>MASSACHUSETTS</b>							
<b>Breaking Wave Sangha</b>	Amherst	MA	01002	Gigi Green	gigi38@crocker.com	Meets Wednesday evenings 6:30-7:45	413-256-4192
<b>Falling River Sangha</b>	Fall River	MA	02720	Gary Potvin	Gpotvin@me.com	Sundays 6:30-8:30 Unitarian Church of Fall River 309 North Main Street <a href="http://fallingriversangha.wordpress.com">Http://fallingriversangha.wordpress.com</a>	401-258-2824
<b>Hopping Tree Sangha</b>	Amherst	MA	01002	Laurene Grenier	laurene@crocker.com	Meets weekly 7am Wednesday; <a href="http://groups.yahoo.com/group/Hoppingtreesangha">http://groups.yahoo.com/group/Hoppingtreesangha</a>	413-256-4516
<b>Tree House Sangha</b>	Bedford	MA	01730	Frances Bigda-Peyton	fbigdapeyton@verizon.net	200 Carlisle Rd. First and third Monday of the month (if this falls on a holiday, we meet on the following week)  8-10 a.m.	781-275-9226
<b>Mountain Bell Sangha</b>	Belmont	MA		John Bell	jbell@youthbuild.org		
<b>Old Path Sangha</b>	Boston	MA		Joan Schwartz	info@bostonoldpath.org	<a href="http://bostonoldpath.org">http://bostonoldpath.org</a>	617-277-3424
<b>Western Massachusetts Sangha</b>	Conway	MA		Ann Gibson.			(413) 625-1094

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 14 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Berkshire Mountain Sangha</b>	Great Barrington	MA	01230	Sharon Coleman			(518) 325-6974
<b>Path of Peace Sangha</b>	Franklin	MA	02038	Susan Emmer Schmidt	<a href="mailto:emmerschmidt@verizon.net">emmerschmidt@verizon.net</a>		781-985-4911
<b>The Joyful Heart Sangha</b>	Duxbury	MA	02332	Rev. Catherine Cullen	<a href="mailto:joyfulheart@comcast.net">joyfulheart@comcast.net</a>	<a href="http://www.joyfulheartsangha.org">www.joyfulheartsangha.org</a>	(781) 934-6532
<b>Cape Sangha</b>	Hyannis	MA	02601	Jim Kershner	<a href="mailto:jkershner@capecod.edu">jkershner@capecod.edu</a>	<a href="http://www.capesangha.org">http://www.capesangha.org</a>	508-776-3606
<b>Clock Tower Sangha of Magical Maynard</b>	Maynard	MA	01754	Andrew Weiss	<a href="mailto:shakti@galaxy.net">shakti@galaxy.net</a>	<a href="http://members.aol.com/ctsangha">http://members.aol.com/ctsangha</a>	(978) 897-0796
<b>Tufts University Sangha</b>	Medford	MA		David Arond	<a href="mailto:darond@tufts.edu">darond@tufts.edu</a>	Meetings on Sunday evenings and Wednesday mornings. Days of Mindfulness each semester as well as university-wide mindfulness meals.	617 448 9909
<b>Earth and Sky Sangha</b>	North Adams	MA	01247	Ann Leonesio	<a href="mailto:gassho48@hotmail.com">gassho48@hotmail.com</a>		(413) 663-5205
<b>The House Sangha of Salem and Marblehead</b>	Salem	MA	01970	Robert Wall	<a href="mailto:wall.r@comcast.net">wall.r@comcast.net</a>		978-745-3806
<b>West County Sangha</b>	Shelburne Falls	MA	01370	Pru Grand	<a href="mailto:pru@wilderwindy.com">pru@wilderwindy.com</a>		413 625 9495
<b>MARYLAND</b>							
<b>Mindfulness Practice Group of Annapolis</b>	Annapolis	MD	21401	Phyllis Culham	<a href="mailto:mpg@uuca-md.org">mpg@uuca-md.org</a>	<a href="http://www.mpg-annapolis.org/">http://www.mpg-annapolis.org/</a>	(410) 266-8044
<b>The Lotus Heart Mindfulness Community</b>	Baltimore	MD	21211	Michael Goodman	<a href="mailto:m_goodman33@hotmail.com">m_goodman33@hotmail.com</a>	<a href="http://www.lotusheartsangha.com">http://www.lotusheartsangha.com</a>	(410) 833-6685
<b>Fresh Breeze Mindfulness Sangha</b>	Baltimore	MD		Carol Fegan	<a href="mailto:freshbreeze@earthlink.net">freshbreeze@earthlink.net</a>		(410) 323-2180
<b>True Names Sangha</b>	Baltimore	MD		Lee Stierhoff	<a href="mailto:leestierhoff@gmail.com">leestierhoff@gmail.com</a>	Monday evening @ Breath Books	443-610-

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 15 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
						811 W. 36th st. Baltimore Md 21211	0518
<b>Lotus Moon Mindfulness Sangha</b>	Berlin	MD	21811	Chantal Wilkins	Namaste8341@aol.com		(410-) 251-9982
<b>Still Water Mindfulness Practice Center</b>	Takoma Park	MD	20913	Mitchell Ratner	info@stillwaterMPC.org	http://www.StillWaterMPC.org	301 270 8353
<b>Christ Church Mindful Meditation Group</b>	West River	MD	20764	Richard Crenshaw	richard@maggiesmusic.com		443-223--0234
<b>MAINE</b>							
<b>Peaceful Heart Sangha</b>	Augusta	ME	04355	Marty Soule	martysoule@gmail.com	Mon 6:30 - 8 PM 69 Winthrop St childcare/child practice 1st Mon 5:30 peacefulheartsangha.blogspot.com	207-685-9270
<b>Still Water Sangha</b>	Bangor	ME	04401	Theodate Lawlor	Theodate52@gmail.com	sws.norumbega.net	207-866-3244
<b>Mountain Heart Sangha</b>	Bethel	ME	04217	Cynthia Handlen	cynthia.handlen@gmail.com		207-671-1532
<b>True Heart Sangha</b>	Lincolntonville	ME	04849	Peggy Smith	psmith@tidewater.net		207-789-5299
<b>Peaceful Action Sangha</b>	Milbridge	ME	04658	Judith Toland			(207) 546-4244
<b>Heart of the Harbor Sangha</b>	Portland	ME	04101	David Hughes	hughes-david@maine.rr.com	496 Congress Street; http://www.hearoft hearborsangha.com; Sunday 11:00-12:30	
<b>Portland Zen Meditation Center</b>	Portland	ME	04102	Keith Walker	walkerpottery@yahoo.com		(207) 773-8480

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 16 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Open Heart Sangha</b>	Yarmouth	ME		Tania Jo Hathaway Dave Trafton	taniajo@maine.rr.com	www.openheartsan gha.org	Tania: 207-846- 0484 or 207 749-3022 Dave: 207-774- 1599
<b>Open Heart Sangha North</b>	Bath	ME	04530	Eric Winne		www.openheartsan gha.org	207-371-2037
<b>MICHIGAN</b>							
<b>Huron River Sangha</b>	Ann Arbor	MI		Mary Tillinghast	marytillinghast@gmail.com	www.huronriversa ngha.org.	248-761-4456 or 734-645- 1395
<b>Chua Tam Quang/Clear Mind Temple</b>	Bradley	MI	49311	Ian Speed	ian_speed@hotmail.com		(616) 983-4585
<b>Detroit Lotus Sangha</b>	Ferndale	MI	48220	Sean Rhaesa	info@DetroitLotusSangha.org	Meditation: 9:30 A.M - Noon, Sundays 247 W. Nine Mile Rd. http://www.detroitl otussangha.org/	(734) 252-9361
<b>Dancing Rabbit Sangha</b>	Elk Rapids	MI	49629	Trisha Perlman			(213) 264-8813
<b>The Lansing Area Mindfulness Community</b>	Lansing	MI	48910- 2956	Tara Scott	email: dharma_yoga@hotmail.com	www.lamc.info	
<b>Serene Jewel Sangha</b>	Petoskey	MI	49770	Michael Winnell	serene.jewel@gmail.com		231-347-5557
<b>Signs of Peace Sangha</b>	Fenton	MI	48430	Violet Martin Robert Martin		510 North Rd.	734-308-836 734-308-5504
<b>The Bluewater Community of Mindful Living</b>	Port Huron	MI	48060	Mary Basrai	marybasrai@gmail.com	www.bluewaterbud dhist.org	810-982-4597

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 17 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>MINNESOTA</b>							
<b>Blooming Heart Sangha</b>	Minneapolis	MN	55406	Judith Lies		<a href="http://www.bloomingheart.org">http://www.bloomingheart.org</a>	(612) 724-8168
<b>Compassionate Ocean Dharma Center</b>	Minneapolis	MN	55408	Joen Snyder O'Neal and Michael O'Neal	<a href="mailto:meditate@oceandharma.org">meditate@oceandharma.org</a>	<a href="http://www.oceandharma.org">http://www.oceandharma.org</a>	(612) 825-7658
<b>Awaken to Life</b>	Plymouth	MN		Eric Putkonen	<a href="mailto:eputkonen@gmail.com">eputkonen@gmail.com</a>		763-383-6040
<b>MISSOURI</b>							
<b>Heartland Community of Mindful Living</b>	Kansas City	MO	64112-1806	David or Bethany	<a href="mailto:info@mindfulnesskc.org">info@mindfulnesskc.org</a>	<a href="http://mindfulnesskc.org">mindfulnesskc.org</a>	(816) 333-3043
<b>MONTANA</b>							
<b>Flowing Mountains Sangha</b>	Helena	MT	59601	Zan Murray	<a href="mailto:mtmurrays@earthlink.net">mtmurrays@earthlink.net</a>		(406) 495-0290
<b>Open Way Sangha</b>	Missoula	MT	59801	Rowan Conrad or Greg Gallo	<a href="mailto:Conradrw@aol.com">Conradrw@aol.com</a> or <a href="mailto:ggrallo@gmail.com">ggrallo@gmail.com</a>	<a href="http://www.openway.org">www.openway.org</a>	(406) 549-9005
<b>Open Sky Sangha</b>	Kalispell	MT	59901	Gina Garlie	<a href="mailto:openskysangha@gmail.com">openskysangha@gmail.com</a>	810 3rd Ave. E. Kalispell, MT 59901	406-871-3237
<b>NORTH CAROLINA</b>							
<b>Mountain Mindfulness</b>	Asheville	NC	28801	Anna	<a href="mailto:mountainmindfulness@gmail.com">mountainmindfulness@gmail.com</a>	<a href="http://www.mountainmindfulness.org">www.mountainmindfulness.org</a> ; Thursdays 7-8:30 at 12 Von Ruck Ct.	828: 684-7359 or (828) 691-8545
<b>Mountain Mindfulness South</b>	Arden	NC	28704	Anna	<a href="mailto:mountainmindfulness@gmail.com">mountainmindfulness@gmail.com</a>	<a href="http://www.mountainmindfulness.org">www.mountainmindfulness.org</a> ; Sundays 7-8 at Yoga South <a href="http://www.yogaso">http://www.yogaso</a>	828: 684-7359 or (828) 691-8545

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 18 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
						uth-asheville.com/	
<b>Cloud Cottage Sangha</b>	Black Mountain	NC	28711-0652	Judith and Philip Toy	cloudcottage@bellsouth.net	http://www.cloudcottage.org	(828) 669-0920
<b>Falling Water Sangha / UU of Transylvania County</b>	Brevard	NC	28712	Leslie Henry	leslieph@citcom.net		828-862-6828
<b>Charlotte Community of Mindfulness</b>	Charlotte	NC	28278	Leslie Rawls	sangha@charlottemindfulness.org	http://www.charlottemindfulness.org Meet at Myers Park Baptist, Sunday morning & Thursday evening PO Box 38325, Charlotte, NC 28278	(704) 583-1279
<b>Durham Community of Mindful Living</b>	Durham	NC	27701-1260			http://mindfulnessindurham.blogspot.com/	
<b>Deep River Sangha</b>	Jamestown	NC	27282	Bill Patterson	bill@deepriversangha.org	http://deepriversangha.org	(336) 218-0810
<b>Community of Mindful Living-UUFR</b>	Raleigh	NC	27607	Gail O'Brien	Gail_OBrien@ncsu.edu	http://uufr.org/community/fellowship/community-of-mindful-living	(919) 833-4027
<b>Healing Springs Community of Mindful Living</b>	Red Springs	NC	28377	Emily Whittle	emilywhittle@nc.rr.com		(910) 843-2427
<b>Joyful Mountain Sangha</b>	Waynesville	NC	28786	Steve. Betsy. or Kristen Wall			(828) 452-7171

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 19 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>NEBRASKA</b>							
<b>Honey Locust Sangha</b>	Omaha	NE	68131	Mike McMahon			(402) 558-3112
<b>NEW HAMPSHIRE</b>							
<b>Peaceful Pathways Sangha</b>	Stoddard	NH	03464	Barbara Cleland	barbaracleland@ymail.com		603-446-3414
<b>Monadnock Mindfulness Practice Center</b>	Keene	NH	03431	Tom Bassarear		<a href="http://www.mindfulness.us">http://www.mindfulness.us</a>	(603) 357-8325
<b>Seacoast Wellness Center</b>	Portsmouth	NH	03801	Avi Magidoff	info@seacoastwellnesscenter.com	www.seacoastwellnesscenter.com A Mindfulness Practice Centre and community clinic 135 McDonough St	603-531-3130
<b>Portsmouth Mindfulness Community</b>	Portsmouth	NH	03801	Avi Magidoff	avim@acupuncturemedical.org		603-501-0707
<b>Peaceful Pathways Sangha</b>	Stoddard	NH		Barbara Cleland	barbaracleland@Ymail.com		
<b>MorningSun</b>	Temple	NH		Micael and Fern	hienji@yahoo.com	<a href="http://morningsuncommunity.org">http://morningsuncommunity.org</a>	
<b>Mindfulness Practice Center of the Upper Valley</b>	White River	NH	05001		bineke@vermontel.net	<a href="http://www.mpcenter.org">http://www.mpcenter.org</a>	802-436-1136
<b>Southern New Hampshire Sangha</b>	Windham	NH	03087	Robert Pollina	inquiry@nhsangha.org	<a href="http://www.nhsangha.org">http://www.nhsangha.org</a>	(603) 898-8719
<b>NEW JERSEY</b>							
<b>Hunterdon Meditation Circle</b>	Annandale	NJ	08801	Deedee Eisenberg	newmoves@mindspring.com		(908) 832-7044
<b>Mindfulness by the</b>	Colts Neck	NJ	07722	Judy Weaver	jsweave9@aol.com		(732) 946-9125

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 20 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Shore</b>							
<b>Practice Community at Franklin Lakes</b>	Franklin Lakes	NJ	07417	Janice Rubin	grimalkinj@verizon.net	<a href="http://www.tnhsangha.org">http://www.tnhsangha.org</a>	201 337-6478
<b>Sun of Awareness Sangha</b>	Jersey City	NJ	07302	Tiina Medel Brian Gill	tajmedel@comcast.net inthemask@aol.com	<a href="http://sunofawareness.org/">http://sunofawareness.org/</a>	
<b>Princeton</b>	Princeton	NJ	08540	Melissa Bailey	mgbnemesi@aol.com		Tel: (609) 924-8128
<b>Heart of the Lotus Sangha</b>	Princeton	NJ		Pat Morris	pmorrisb@gmail.com	<a href="http://www.cmlofprinceton.org">http://www.cmlofprinceton.org</a>	Tel: (732) 777-0686
<b>Orange Maple Sangha</b>	South Orange	NJ	07079	Mollie O'Brien, Jean Vitrano	mollieobrien@yahoo.com		Tel: (973) 762-3356
<b>NEW MEXICO</b>							
<b>Turtleback Mountain Sangha</b>	Truth or Consequences	NM		Rick Fendrick	lotus2b@yahoo.com		
<b>Lotus in the Desert Zen Center</b>	Belen	NM	87002	Ted Hodoba	thodoba@hotmail.com		Tel: (505)864-0614
<b>Rainbow Sangha</b>	Albuquerque	NM		David Percival	dperciva@unm.edu		Tel: (505) 266-9042
<b>Las Cruces Sangha</b>	Las Cruces	NM	88011	Reba Smith	reba@zianet.com		Tel: (505) 522-0691
<b>Mindful Heart Sangha</b>	Placitas	NM	87043	Lorena Monda	lorenamon@aol.com		Tel: (505) 867-8623
<b>Desert Rain Sangha</b>	Santa Fe	NM	87501	Mary Keough	mary@marikio.com		
<b>Blooming Lotus Sangha</b>	Silver City	NM		George Farmer	geofarm_78729@yahoo.com	<a href="http://groups.yahoo.com/group/BloomingLotusSangha/">http://groups.yahoo.com/group/BloomingLotusSangha/</a>	575-313-7417
<b>Open Heart Sangha</b>	Taos	NM	87571	Stephen Rose	roselaw@laplaza.org		Tel: (505) 758-1290

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 21 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>NEVADA</b>							
<b>Dharma Zephyr Sangha</b>	Carson City	NV	89704	Kathy Schwerin			(775) 882-4980
<b>Desert Blossom/Tuesday Night Mindfulness Group</b>	Las Vegas	NV	89128	Brian Kimmel	brian@briankimmel.com	www.voicefromthesource.com	702-461-8422
<b>Craig Merrill</b>	Sparks	NV			scc@sdi.net		(775) 720-6277
<b>NEW YORK</b>							
<b>Village Moon Sangha</b>	Albany	NY		Dan Sedia & Lori Leonard	mjscottny@verizon.net		(518) 475-9468
<b>Equanimity Sangha of Northern Westchester</b>	Bedford	NY	10549	Jan Weiss	janweiss@optonline.net	We generally meet every second and fourth Saturday of the month from 8:15 to 10:15 AM at the Unitarian Universalist Fellowship of Northern Westchester 236 South Bedford Road (Route 172)	914.763.2015
<b>Rock Blossom Sangha</b>	Brooklyn	NY	11215	Claire	rockblossomsangha@gmail.com	http://www.rockblossom.org	718-857-8665
<b>Buffalo Peaceful Heart Mindfulness Community</b>	Buffalo	NY		Marguerite Battaglia-Evans, Azara Turaki	mbattagliaevans@hotmail.com	http://groups.yahoo.com/group/Buffalopeacefulheartssangha	716-877-5716, 585-802-3833
<b>Chua Tu Hieu Buddhist Cultural Center</b>	Cheektowaga	NY	14225	Tam Hoa Ai	ReverendKoshu@aol.com		(716) 891-4594

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 22 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Cedar Cabin Sangha</b>	Ithaca	NY	14850	Pamela Goddard	pamela@tedcrane.com	Wednesday evenings, 7:30-9:30; Nina K. Miller Hospicare Center, 172 East King Road Ithaca NY	607-273-8678
<b>Green Island Sangha</b>	Manhasset	NY	11030		grnislandsangha@aol.com	ttp://greenislandsangha.blogspot.com	
<b>Gentle Mountain Sangha</b>	Nanuet	NY	10954	Ivette Lenard, Judy Myerson	ivettelenard@gmail.com		(845)627-1575; (845)358-4094
<b>Community of Mindfulness/ New York Metro</b>	New York City	NY		David	davidrflint@gmail.com	http://www.communityofmindfulnessnwyorkmetro.blogspot.com --for all New York City area sanghas; www.rockblossom.org for Brooklyn only; www.buddingflower.org for mid-Hudson valley	917-543-6485
<b>Joyful Sounding Sangha</b>	New York	NY	10003	Lois Penn	loispn8@gmail.com	First Saturday of every month, 10 am to 12:30 pm	
<b>Budding Flower Sangha</b>	Newburgh, New Paltz, Poughkeepsie	NY		Edward, Jamie, Linda	edwardpierce@lycos.com, jamierusek@aol.com, revlin23@aol.com	http://buddingflowersangha.org	845.496.8309, 845.462.0916, 845.706.7944
<b>Evening Light Sangha</b>	Peekskill	NY	10566	Paula Santacroce	paulasantacroce@hotmail.com	7:30 p.m. 3rd Monday of the month	914-737-4355

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 23 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Sangha on the Hudson</b>	Piermont	NY		Heidi Spitzer	heidi85@mac.com		845-365-3778
<b>Many Branches Sangha</b>	Pleasantville	NY		Víctor B. Fama	vbfama@yahoo.com		914-433-8176
<b>Morning Star Sangha</b>	Queens	NY		Walter Lyons	wllfh@aol.com		718.440.9764
<b>Rhinebeck Zen Center</b>	Rhinebeck	NY	12572	Bill Del Conte	billdelconte@yahoo.com		(914) 757-3211
<b>Blooming Lilac Sangha</b>	Rochester	NY	14543	Janet Chaize	jchaize@rochester.rr.com		(585) 533-1461
<b>Quiet Harbor Sangha</b>	Rye	NY	10580	Diane Negvesky	greggststephenhill@yahoo.com	<a href="http://www.wainwright.org/meditationgroups.htm">http://www.wainwright.org/meditationgroups.htm</a>	914-967-6080 ext. 102
<b>Living Waters Sangha</b>	Saratoga Springs	NY	12866	Aaron Broadwell	g.broadwell@gmail.com	<a href="http://www.livingwaterssangha.org">http://www.livingwaterssangha.org</a>	(518)-306-4239
<b>Jeddah Vailakis</b>	Saugerties	NY	12477	Jeddah Vailakis	jeddah7@earthlink.net		(845) 246-9102
<b>Kingfisher Sangha</b>	Schenectady	NY	12309	Starr DiCiurcio	StarrRegan@aol.com	<a href="http://www.kingfishersangha.com">www.kingfishersangha.com</a>	518-793-7501
<b>Sunshine Sangha</b>	Smithtown	NY	11787	Ron	ronlandsel@hotmail.com	Sunday morning at 9-00 AM to 11:00 AM	631-361-7968
<b>Jayne Demakos</b>	Valois	NY	12888	Jayne Demakos	HJS@lightlink.com		(607) 277-5685
<b>Catskill Mountain Sangha</b>	Woodstock	NY	12498	Vita Brigitte, Roth D'Orsay and Roberta Wall	artdivin@yahoo.com		(845) 684-5022
<b>Blue Sky Sangha</b>	Woodstock	NY		Patricia Brescia	patriciabrescia74@yahoo.com		Home: 845 679 7587 Cell: 845 399 4261.
<b>Quiet Mountain Sangha</b>	Yonkers	NY		Meryl Bovard	Merylbovard@aol.com		(914) 967-1219
<b>Cedar Knolls Sangha</b>	Yonkers	NY		George Chen			914 337-6388
<b>OHIO</b>							

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 24 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Bubbling Heart Sangha</b>	Akron	OH	44313	Elaine Fisher	lainsie2@aol.com	Unitarian Universalist Church of Akron 3300 Morewood Road  Meets Sunday evenings at 7 p.m. starting 9/26/10 in Room 405	330-687-7152
<b>Eastside Sangha</b>	Cincinnati	OH	45245	Paul Davis (513) 943-9230	quest4pce@yahoo.com	<a href="http://groups.yahoo.com/group/Eastside_sangha/">http://groups.yahoo.com/group/Eastside_sangha/</a>	
<b>True Names Sangha</b>	Cleveland	OH	44026	Karen Lee	wolfgrrr@gmail.com	meets every third Sunday	216-905-1741
<b>Flowing Water Sangha</b>	Cleveland	OH	44026	Karen Lee	wolfgrrr@gmail.com	meets every Monday evening	216-905-1741
<b>Bliss Run Sangha</b>	Columbus	OH	43224	Diane Strausser	info@blissrun.org	<a href="http://www.blissrun.org/">http://www.blissrun.org/</a>	
<b>Blue Heron Sangha</b>	Columbus	OH	43219	Sandy Coen	scoen@columbus.rr.com		614-268-0838
<b>Flowing Waters Sangha</b>	Toledo	OH	43615	Lynn Lyle	lynnlyle@bex.net	Second and fourth Sunday evening at 6:30 p.m.	(419) 534-3063
<b>OKLAHOMA</b>							
<b>One Heart Sangha</b>	Cushing	OK	74023- 5876	Ken Crockett	kencrockett@hotmail.com		(918) 225-4508
<b>Red Earth Sangha</b>	Edmond	OK	73034	Laura and Bruce Lochner	laura_lochner127@hotmail.com		(405) 323-6784
<b>Norman Sangha</b>	Norman	OK	73069	Jessica Vanlandingham	rubyaquastars@gmail.com or sbcogan@cox.net	Meets every Saturday, 11am-	405-919-9774

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 25 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
				or Susan Cogan		noon ish.	
<b>Prairie Wind Sangha</b>	Oklahoma City	OK	73112	Patricia Webb & David McCleskey	prairiewindsangha@cox.net		405-602-5283
<b>Singing Stones Sangha</b>	Sapulpa	OK		Rev. Anne Clement			918-227-4716
<b>OREGON</b>							
<b>Peaceful Refuge Sangha</b>	Ashland	OR		Rachelle Schaaf	info@peacefulrefugesangha.com	peacefulrefugesangha.org	541. 778-1637
<b>Hummingbird Sangha</b>	Ashland	OR	97520	Cheryl Beth Diamond	cbsdiamond@aol.com		520-490-9497
<b>Ashland Mindfulness Sangha</b>	Ashland	OR		Sheila Canal	mimesh@jeffnet.org	www.cmloregon.org	(541) 482-8467
<b>Rogue Valley Mindfulness Community</b>	Ashland	OR	97520	cheryl beth diamond	cbsdiamond@aol.com		520-490-9497
<b>Five Stones Sangha</b>	Corvallis	OR	97330	Ken Oefelein	peacefulstep@gmail.com	fivestonessangha.org	541-760-9760
<b>Community of Mindful Living/ The Cedar Sangha</b>	Eugene	OR	97405	Nancy Nina	nanagaia@efn.org		(541) 343-5528
<b>Pear Blossom Sangha</b>	Jacksonville	OR	97530	Bob Naymik	bobsue@jeffnet.org		(541) 779-5810
<b>Rogue Valley Mindfulness Community</b>	Medford	OR	97504	cheryl beth diamond	cbsdiamond@aol.com		520-490-9497
<b>Portland Community of Mindful Living</b>	Portland	OR	97203	Margaret Kirschner	kirschie83@gmail.com		(503) 285-8897
<b>Joyful Refuge Sangha</b>	Portland	OR	97213	Kri Schlafer	cricketsong@hevanet.com		(503) 236-2872
<b>Miracle of Mindfulness Practice Sangha</b>	Portland	OR		Denise Segor	miracleofmindfulness@gmail.com		(503) 939-6346

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 26 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Umpqua Area Mindfulness Sangha</b>	Roseburg	OR	97470	Beth Brown	flamingobrown@hotmail.com		(541) 673-5172
<b>River Sangha</b>	Salem	OR	97304	Jerry Braza	jfbraza@comcast.net		(503) 391-1284
<b>PENNSYLVANIA</b>							
<b>Willow Branch Sangha</b>	Chadds Ford	PA	19317- 9732	Dat Nguyen	dn@willowbranch.org	www.willowbranch.org	(610) 388-1257
<b>Inner Harmony Sangha</b>	Clarks Summit	PA	18411	Peter Amato	peteramato@aol.com		(570) 585-4040
<b>Dharma Moon Sangha</b>	Lehigh Valley	PA	18049	Michael Gill	emmaussangha@gmail.com		
<b>Open Hearth Sangha</b>	Fort Washington	PA	19034	David Dimmack			(215) 283-8787
<b>Hawk Mountain Sangha</b>	Kempton	PA	19529	Lee Simpson	fluttering2@yahoo.com		
<b>Mt. Equity Sangha</b>	Muncy	PA	17756	P. Dai-En Bennage		http://www.mtequity.org	Tel & Fax: (717) 546-2784
<b>Old Path Sangha</b>	New Hope	PA	18938	Denise Glover	info@oldpathsangha.org	www.oldpathsangha.org	215 230 4838
<b>Lilac Breeze Sangha</b>	Philadelphia	PA	10192	Sylvia Brown	bpu30973@gmail.com		484-574-6819
<b>Peaceful City Sangha</b>	Philadelphia	PA	19103	Sara Becker	info@peacefulcity.org	http://peacefulcity.org/	215-852-4375
<b>Laughing Rivers Sangha</b>	Pittsburgh	PA	15206	Deborah Brooks	dleebrooks@gmail.com	http://www.laughingrivers.org	(412) 241-1649
<b>University of Scranton Sangha</b>	Scranton	PA	18510	Cathy Mascelli	mascellic2@scranton.edu		
<b>Tree of Life Healing Associates</b>	York	PA	17402	Bob Hayes	yogawithbob@yahoo.com		(717) 741-2119
<b>RHODE ISLAND</b>							
<b>Mind Tamers</b>	Barrington	RI	02886	Don Meegan	mee13@gmail.com		401 253-4624

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 27 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Clear Heart Sangha</b>	Matunuck	RI	02879	Joanne and Richard Friday	ItsFriday@aol.com	<a href="http://www.clearheartsangha.org/">http://www.clearheartsangha.org/</a>	(401) 789-8158
<b>Radiant Bell Sangha</b>	Providence	RI		Robert Rosa		robert_rosa@brown.edu	
<b>SOUTH CAROLINA</b>							
<b>Sea Island Sangha</b>	Beaufort	SC	29907	Frances Kuzinski	kuzkats@embarqmail.com		(843) 597-4418
<b>Palmetto Sangha</b>	Bluffton/Hilton Head	SC		Jeremy Williams		Jeremyow@msn.com	912-701-5771
<b>Spartanburg Community of Mindfulness</b>	Spartanburg	SC		John Neel	sptgmindfulness@chesnet.net		(864) 680-4378
<b>TENNESSEE</b>							
<b>Sangha of Clarksville</b>	Clarksville	TN			Pondapple@Aol.Com		
<b>Knoxville Mindfulness Meditation</b>	Knoxville	TN			info@knoxmindful.org	<a href="http://knoxmindful.org/">http://knoxmindful.org/</a>	
<b>Magnolia Village Sangha</b>	Memphis Area	TN		Barrett & Elizabeth Owens	magnoliavillage123@yahoo.com	<a href="http://www.magnoliavillagesangha.org">http://www.magnoliavillagesangha.org</a>	
<b>Magnolia Village Sangha</b>	Memphis Area	TN			magnoliavillage123@yahoo.com	www.magnoliavillagesangha.org	
<b>Nashville Mindfulness Center</b>	Nashville	TN	37221	Skip Ewing Ordained OI Member	Compassion@NashvilleMindfulness.org	www.NashvilleMindfulness.org	(615) 673-3366
<b>TEXAS</b>							
<b>Plum Blossom Sangha</b>	Austin	TX	78704	Terry Cortés- Vega	terrycortes@sbcglobal.net	www.plumblossom sangha.org EastSide Yoga, 6-8 p.m. on Sundays	512 272 9910
<b>Trinity River Sangha (Community of</b>	Dallas	TX	75231	Br. Chi Sing, Order of	ChiSing@aol.com	intermindful.com	(214) 929-8889 cell

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 28 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Mindful Living)</b>				Interbeing			
<b>Sangha of the Rio Grande Valley</b>	Harlingen	TX	78552	Mark Matthews	legomathews@msn.com		(956) 412-8483
<b>Mindfulness Practice Community of Houston</b>	Houston	TX	77006	Kevin York	mindfulness_houston@yahoo.com	<a href="http://www.mpchouston.org">http://www.mpchouston.org</a>	(832) - 620 - 3424
<b>The Wholeness Center</b>	San Antonio	TX	78212	Sid Kemp and Kris Lindbeck	sid@qualitytechnology.com		(210) 820-0551
<b>UTAH</b>							
<b>Barb Eastman 1566</b>	Salt Lake City	UT	84105		tombarpaul@hotmail.com		(801 )466-0542
<b>VERMONT</b>							
<b>Mountains and Rivers Mindfulness Community</b>	Brattleboro	VT	05301	El Dearborn	mountainsandriversmc@myfairpoint.net		802-387-2382
<b>Gentle Heart Sangha</b>	Burlington	VT	05401	Paul Caron	pauljosephc@myfairpoint.net	<a href="http://groups.yahoo.com/group/gentleheartsangha/">http://groups.yahoo.com/group/gentleheartsangha/</a>	802 870 1042
<b>Charlotte Sangha</b>	Charlotte	VT	05445	Holly Sullivan	hollysull@earthlink.net		802-425 3092
<b>Two Rivers</b>	Johnson	VT		Zelda	zelda_g27@hotmail.com		802 635-2955
<b>Mountains and Rivers Mindfulness Community</b>	Putney	VT	05346	El Dearborn	mountainsandriversmc@myfairpoint.net		802-387-2382
<b>Wonderful Moment Sangha</b>	Putney	VT					
<b>Evergreen Sangha</b>	So. Burlington	VT	05403	Mary Alice Schatzle			(802) 985-3177
<b>Mindfulness Practice Center of the Upper Valley</b>	White River	VT	05001			<a href="http://www.mpcenter.org">http://www.mpcenter.org</a>	(802) 280-9903

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 29 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>VIRGINIA</b>							
<b>Cloud Floating Free Sangha</b>	Charlottesville	VA	22901	Pam Perugi Marraccini	pam.perugi@gmail.com	<a href="http://www.cloudfloatingfree.org">http://www.cloudfloatingfree.org</a>	434-825-0145
<b>Salt Marsh Sangha</b>	Cheriton	VA		AJ Johnston John and Meriel Lansdale	saltmarshsangha@yahoo.com	Wellness Cottage, 21196 N. Bayside Road Tuesdays, 7-9pm Note: In winter, it is a good idea to call ahead, because we sometimes meet in people's home due to insufficient heat in our regular meeting place.	757-695-8838 757-331-3118
<b>Lotus River Sangha</b>	Danville	VA	24541	Eric Petry		<a href="http://www.yoga-wellness.com">www.yoga-wellness.com</a>	(434) 822-0007
<b>Mindfulness Community of Hampton Roads</b>	Norfolk	VA	23507	Allen Sandler	ASandler@odu.edu	<a href="http://www.mindfulnesscommunityofhamptonroads.com">http://www.mindfulnesscommunityofhamptonroads.com</a>	(757) 625-6367
<b>Mindfulness Practice Center of Fairfax</b>	Oakton	VA	22124	Anh-Huong Nguyen and Thu Nguyen	chantri@crpcv.org	<a href="http://mpcf.org">http://mpcf.org</a>	(703) 938-1377
<b>Heart of the Blue Ridge</b>	Roanoke	VA		Laurie Seidel	blueridgesangha@yahoo.com	<a href="http://heartoftheblueridgesangha.wordpress.com">http://heartoftheblueridgesangha.wordpress.com</a>	540-309-8664
<b>True Home Sangha</b>	Virginia Beach	VA		Steven Emmanuel	semmanuel@vwc.edu	<a href="http://www.truehomesangha.com">www.truehomesangha.com</a>	(757) 455-3405
<b>WASHINGTON</b>							
<b>The Braided Way Sangha</b>	Battle Ground	WA	98604	Rev. Jayna Gieber	Heartpeople@aol.com		(360) 666-4942

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 30 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Breath of the Heart Sangha</b>	Belfair	WA	98528	Katie Kendrick	katiennwalt@earthlink.net		(360) 275-5088
<b>Bellingham Mindfulness Community</b>	Bellingham	WA	98225	Eileen Kiera	ml-info@mountainlamp.org	http://BellinghamMindfulness.org	(360)592-0600
<b>Mountain Lamp Community</b>	Deming	WA	98244	Eileen Kiera	ml-info@mountainlamp.org	www.mountainlamp.org	(360) 592-0600
<b>Island Sangha</b>	Guemes Island	WA	98221	Jon Prescott, True Recollection of Radiance			360-929-6996
<b>Friends In Mindfulness</b>	Langley	WA	98260-0299	Sal Barba			(360) 579-2008
<b>Morning Light Sangha</b>	Lopez Island	WA	98261	Lorrie Harrison	lorrieharrison2@gmail.com	www.morninglight sangha.org	360 468-4428
<b>Ocean of Compassion</b>	Olympia	WA	98508	Heinz & Bridgette Becker			
<b>Laughing Frog Sangha</b>	Poulsbo	WA	98370	Carol Ann Stockton and Ed Brown			(360) 598-4247
<b>Peach Tea Sangha</b>	Seattle	WA	98115	Laura-Mae Baldwin	lmb@u.washington.edu		(206) 527-0797
<b>Mindfulness Community of Puget Sound</b>	Seattle	WA	98144		michael_melancon@yahoo.com	http://www.mindfulnesspuget sound.org	(206) 419-8358
<b>Hopping Frog Sangha</b>	Vashon Island	WA	98070	Beverly Naidus and Bob Spivey	bnaidus@u.washington.edu		206-463-4223
<b>WISCONSIN</b>							
<b>True North Mindfulness Community</b>	Luck	WI		Onnie Thatcher Jen Stewart	Truenorthmindfulnesscommunity@gmail.com	Meet Thursday evenings @ 6pm	715-472-4000; 651-491-4366
<b>SnowFlower Sangha</b>	Madison	WI	53711	Jane Peckham	jmpeckham@charter.net	http://www.snowflower.org	(608)829-2466

## DIRECTORY OF U.S. SANGHAS PRACTICING IN THE PLUM VILLAGE TRADITION

Updated August 8, 2011

Page 31 of 31

To search for a name, press CTRL or Apple Key F, and then type your search term in the box.

NAME	CITY	ST	ZIP	CONTACT NAME	CONTACT EMAIL (may be multiple listed)	WEB SITE and other details	TELEPHONE
<b>Red Cedar Buddha Sangha</b>	Menomonie	WI	54751	Marion and Warren Lang	marionlang@charter.net		(715) 235-5686
<b>Mindfulness Practice Center of Milwaukee</b>	Milwaukee	WI	53211	Paul Norton	Milwmindful@hotmail.com	www.milwaukeeemindfulness.com	
<b>Smiling Dandelion Sangha</b>	Appleton	WI	54912	Margaret Alexander, Jenny Straight	smilingdandelion@gmail.com		920-915-7837, 920-729-4981
<b>WEST VIRGINIA</b>							
<b>Huntington Sangha</b>	Huntington	WV		Soujourner	MindfulnessMeditation@hotmail.com	http://groups.yahoo.com/group/HuntingtonSangha	
<b>WYOMING</b>							
<b>Mindful Monday Meditation</b>	Cheyenne	WY		Beth Howard			307-632-7047
<b>Laramie Buddhist Meditation at the Yoga Center</b>	Laramie	WY	82070	Connie Brizuela	hanuman@uwoyo.edu		307-742-0205
<b>Snowflake Sangha</b>	Jackson	WY		Kristine Dyke or Sam Singer			307-699-3407 or 307-413-4779